

# Aquatics Centre Program Schedule

Effective January 6 to March 27, 2020 \*Schedule subject to change



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aquafit 9:00 - 9:45 a.m.	Aquafit 9:00 - 9:45 a.m.	Aquafit 9:00 - 9:45 a.m.	Aquafit 9:00 - 9:45 a.m.	Aquafit 9:00 - 9:45 a.m.	Middlesex Swim Club 7:00 - 9:00 a.m.	
Family Swim (Leisure Pool) 9:45 - 11:00 a.m.	Leisure Time /Family Swim 9:45 - 11:30 a.m.	Family Swim (Leisure Pool) 9:45 - 11:00 a.m.	Leisure Time /Family Swim 9:45 - 11:30 a.m.	Family Swim (Leisure Pool) 9:45 - 11:30 a.m.	Swimming Lessons 9:00 a.m. - 12:00 p.m.	
Aquafit (Main pool) 10:00 - 10:45 a.m.		Aquafit (Main pool) 10:00 - 10:45 a.m.		Aquafit (Main pool) 10:00 - 10:45 a.m.		Lane Swim 10:00 a.m. - 1:00 p.m.
Starfish, Duck & Sea Turtle 11:00 - 11:30 a.m.		Baby & Me 11:00 - 11:30 a.m.		NEW EarlyON Swim & Play 11:00 - 11:30 p.m.	Public Swim 1:00 - 4:00 p.m.	Public Swim 1:00 - 4:00 p.m.
Lane Swim 11:30 a.m. - 1:00 p.m.	Lane Swim 11:30 a.m. - 1:00 p.m.	Lane Swim 11:30 a.m. - 1:00 p.m.	Lane Swim 11:30 a.m. - 1:00 p.m.	Lane Swim 11:30 a.m. - 1:00 p.m.	Pool Rentals 4:00 p.m. onwards	Pool Rentals 4:00 p.m. onwards
NEW Water Walking 1:30 - 2:15 p.m.	NEW Aqua Zumba 1:30 - 2:15 p.m.	NEW Aqua Zumba 1:30 - 2:15 p.m.	NEW Aquafit 1:30 - 2:15 p.m.	NEW Water Walking 1:30 - 2:15 p.m.		
Swimming Lessons 5:00 - 6:45 p.m.	Swimming Lessons 4:00 - 7:00 p.m.	Swimming Lessons 5:00 - 6:45 p.m.	Swimming Lessons 4:00 - 7:30 p.m.	Public Swim 4:00 - 5:30 p.m.		
Middlesex Swim Club 5:00 - 7:00 p.m.		Middlesex Swim Club 5:00 - 7:00 p.m.		Middlesex Swim Club 5:30 - 8:00 p.m.		
Aquafit 7:00 - 7:45 p.m.	Aquafit 7:00 - 7:45 p.m.	Aquafit 7:00 - 7:45 p.m.	Aquafit 7:30 - 8:15 p.m.			
Lane Swim 7:45 - 9:00 p.m.	Lane Swim 7:45 - 9:00 p.m.	Lane Swim 7:45 - 9:00 p.m.	Lane Swim 8:15 - 9:00 p.m.			

## See back

for dates to remember and  
upcoming disruptions

## Visit our website

for program descriptions:  
[www.townofstmarys.com/  
aquaticscentre](http://www.townofstmarys.com/aquaticscentre)

### Admission fees per visit

Child/youth 3 - 18 years	Adult 19 - 64 years	Older adult 65+ years	Family	Aqua Zumba
\$3.75	\$5.25	\$5.00	\$14.50	\$8.00

### Passes

Number of passes	Child/youth 3 - 18 years	Adult 19 - 64 years	Older adult 65+ years
15 passes	\$50.65	\$70.94	\$67.50
30 passes	\$99.04	\$138.72	\$132.01
60 passes	\$193.58	\$283.74	\$270.01

Prices include HST and surcharges and are subject to change without notice.

### Lane swimming at a glance

Early morning lane swim has  
been cancelled; however, the  
following times are still available.

Monday - Friday  
11:30 a.m. - 1:00 p.m.

Monday- Wednesday  
7:45 - 9:00 p.m.

Thursdays  
8:15 - 9:00 p.m.

Sunday  
10:00 a.m. - 1:00 p.m.



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## Dates to remember

### PA Day public swimming (1:00 - 5:30 p.m.)

Friday, January 31

### March Break (March 16 to 20)

Afternoon programs cancelled; however public swimming will take place from 1:00 to 4:00 p.m.

### FREE public swimming (1 - 4 PM)

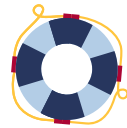
#### Courtesy of River Road Run

- January 19
- February 16
- March 15



#### Courtesy of the Optimist Club of Downie

- Monday, February 17
- Saturday, March 14



## Disruptions and closures

### Aquatics Centre will run on Sunday's schedule

Monday, February 17

### Public swim canceled due to swim meet

Saturday, February 8

### Programs canceled

Tuesday, January 14, 10:00 a.m. to 3:00 p.m. programs cancelled due to swim meet

### Swimming lesson mass registration

#### Early Spring (February 10 - April 11\*)

Saturday, January 18, Opens at 9:00 a.m.

Register online at [townofstmarys.com/register](http://townofstmarys.com/register)

\*Excludes February 17

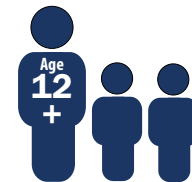
For updates follow [Facebook.com/PyramidCentre](https://www.facebook.com/PyramidCentre)

## Admission policy

### 7 years and under

Regardless of swimming ability, children must be accompanied by a parent or guardian who is at least 12 years of age and responsible for their direct supervision, with a maximum of two children per parent/guardian and must remain in the shallow end. Parent/guardian must be in bathing attire and within arm's reach of the child(ren) at all times in and out of the water.

1:2 no lifejackets



### 8 - 10 years

Child cannot complete swim test

Must be accompanied by a parent or guardian who is at least 12 years of age and responsible for their direct supervision, with a maximum of two children per parent/guardian and must remain in the shallow end. Maximum number of children increases to 8 bathers to one parent/guardian (8:1) if approved life-jackets are worn by all non-swimmers in their charge. They must remain in the shallow end.

1:8 with lifejackets



Child can complete swim test

Admitted unaccompanied.

### 11+ years

Admitted unaccompanied. Recommended to always swim with a buddy.